

Take the Chance to Believe  
in yourself,  
in your body,  
in your baby.  
Together they are POWERFUL!  
-Stephanie

## SKILLS AND INTERESTS

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- Functional Medicine
- CPR & First-Aid
- Full Spectrum Doula
- Women's Health Coach
- Holistic Emotional Integrated Healing
- Sacred Postpartum Advanced Care
- Personal Related Management
- ICAN Leader of El Paso
- Trauma-Informed Provider

## WORK EXPERIENCE

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### DESERT BLOOM COLLECTIVE

Co-Owner & Business Mentor  
FEB 2020 - present

- We specialize in all families childbearing years.
- We are a Doula Collective and Holistic Health Providers Collective for the families of El Paso.

### RETREAT BIRTH CENTER

Health Coach Provider  
Oct 2018 - Oct 2019

- I would support families to restore their digestive system and hormones for fertility to postpartum.
- I would represent the Retreat in community events.

### LATINXWOMENSHEALTH

Owner  
Mar 2018 - present

- I specialize in women's childbearing years.
- I help families to have a successful journey through fertility to postpartum.



# STEPHANIE DURAN DE RODRIGUEZ

Full Spectrum Birth Worker

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## CAREER SUMMARY

Compassionate advocator, educating, families, and prepare them for childbearing years. Provides continuous, personalized support, comfort, and information during their childbearing years.

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## YOU CAN REACH ME AT:

El Paso, TX & Las Cruces, NM  
Email: [latinxwomenshealth@gmail.com](mailto:latinxwomenshealth@gmail.com)  
Website: [www.latinxwomenshealth.com](http://www.latinxwomenshealth.com)  
IG: [Latinxwomenshealth](https://www.instagram.com/Latinxwomenshealth)

# SCHOOL HISTORY

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## MIDWIVES COLLEGE OF UTAH

Bachelor of Science degree of Midwifery.  
Jan 2021 - currently

- Becoming a Midwife
- Home-Birth and Birth Center

## MASTER REIKI

Rieki I, II, III, & IV  
May 2018

- I am a Rieki Instructor and can perform Reiki Healing Sessions

## DONA TRAINED

Birth Doula Certification  
Nov 2019

- Got Trained as a Birth Doula.

## OTHER CERTIFICATION

total of 16 certifications.

## MADRIELLA

Birth & Postpartum Doula Certification  
Dec 2019 - Sept 2020

- Got Trained and Certified as a Birth and Postpartum Doula

## PAIL ADVOCATE

Pregnancy & Infant Loss Doula Certification  
May 31, 2019

- Got Trained and Certified to support families from a pregnancy or infant loss.

## AMERICAN RED CROSS

CPR & First Aid AED  
4-30-2020

- Adult, Child and Baby First Aid/CPR/AED

## EVIDENCE BASED BIRTH INSTRUCTORS

Instructor & Childbirth  
09/2021

- I teach professions and families



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I believe that families are free when they have full control of their health, bodies, and childbearing choices. Empowering families to have a safe, memorable, and supportive journey. - Steph

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IG: [Latinxwomenshealth](https://www.instagram.com/Latinxwomenshealth)

## CLIENTS REFERENCES

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1. Sarena Rose Doucette:

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Email: [familia\\_de\\_sarena@yahoo.com](mailto:familia_de_sarena@yahoo.com)

1. Ariana & Rowan Gray:

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Email: [arimaankat@gmail.com](mailto:arimaankat@gmail.com)

3. Melinda Cofield

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Email: [Melindacofield@gmail.com](mailto:Melindacofield@gmail.com)

## PROFESSIONAL REFERENCES

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1. Ann-Marie Gonzalez

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2. Carmen Vargas Aguirre

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Email: [stayhealthy.carmen@gmail.com](mailto:stayhealthy.carmen@gmail.com)

3. Luz Chavez

Ph: 915-201-9317

Email: [lmchrj@gmail.com](mailto:lmchrj@gmail.com)



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